

List of local organizations searching for volunteers

Addiction & Mental Health Services KFL&A

<https://amhs-kfla.ca/careers-volunteering/volunteer/>

Almost Home

<https://almosthome.on.ca/volunteer/>

Alzheimer Society of Kingston

<https://alzheimer.ca/kfla/en/take-action/volunteer>

Bereaved Families of Ontario – Kingston

<https://bfo-kingston.ca/volunteer/>

Beyond Classrooms – Kingston

<https://www.beyondclassrooms.ca/>

BGC South East

<https://www.bgcsoutheast.ca/get-involved/volunteer/>

Big Brothers Big Sisters Kingston

<https://kingston.bigbrothersbigsisters.ca/>

Birthright Kingston

<http://www.kingstonbirthright.ca/volunteers.html>

Camp Outlook

<https://www.campoutlook.ca/>

Canadian Blood Services – Kingston

<https://www.blood.ca/en/ways-donate/volunteer>

Canadian Cancer Society

<http://www.cancer.ca/en/get-involved/volunteering/ways-to-volunteer/?region=on>

Canadian Diabetes Association Southeast Ontario Region

<https://www.diabetes.ca/get-involved/volunteer>

Cataraqui Region Conservation Authority

<https://cataraquiconservation.ca/pages/volunteer>

Centre for Abuse and Trauma Therapy

<https://www.centrefortherapy.ca/volunteer>



City of Kingston

<https://www.cityofkingston.ca/careers-and-volunteering/>

CNIB

https://www.cnib.ca/en?region=on_east

Community Foundation for Kingston & Area

<https://cfka.org/>

Community Living Kingston and District

<https://myclkd.ca/>

Dawn House Services and Housing for Women

<https://www.dawnhouse.ca/>

Dress for Success Kingston

<https://kingston.dressforsuccess.org/>

ElderDog Canada - Kingston Pawd

<https://elderdog.ca/>

Epilepsy Southeastern Ontario

<https://epilepsyresource.org/get-involved/volunteer/>

Extend-A-Family Kingston

<https://www.eafkingston.com/>

Family and Children Services of Frontenac Lennox & Addington

<https://www.facsfla.ca/work-with-us/volunteer>

Gananoque & District Humane Society

<https://www.ganhumanesociety.ca/volunteer.html>

Girls Inc. of Limestone, Algonquin and Lakeshore

<https://www.girlsinlimestone.ca/get-involved>

Habitat for Humanity Kingston Limestone Region

<https://habitatkingston.com/volunteer/volunteer>

H'art Centre

<https://www.hartcentre.ca/get-involved/>

Home Base Housing

<http://kingstonhomebase.ca/employment-and-volunteer-opportunities/>

ISKA/Kingston Literary and Skills

<http://www.teskingston.org/volunteering/>

John Howard Society of Kingston

<https://johnhoward.on.ca/kingston/volunteers/>

KEYS Job Centre

<https://keys.ca/volunteering-en/>

KFL&A Public Health

<https://www.kflaph.ca/en/about-us/employment-and-volunteering.aspx>

Kingston Animal Rescue

<https://www.kingstonanimalrescue.com/volunteer>

Kingston Community Health Centre (KCHC)

<https://kchc.ca/about-us/volunteer>

Kingston Family Military Resource Centre

<https://www.cafconnection.ca/Kingston/In-My-Community/Volunteering/Become-a-KMFRC-Volunteer.aspx>

Kingston Frontenacs

<https://chl.ca/ohl-frontenacs/become-a-volunteer-kingston-frontenacs/>

Kingston Frontenac Public Library

<https://www.kfpl.ca/your-library/work-and-volunteer/volunteer-at-the-library>

Kingston Grand Theatre

<https://www.kingstongrand.ca/donate-and-support/volunteer>

Kingston Health Sciences Centre (KHSC)

<https://kingstonhsc.ca/working-and-volunteering/volunteer-khsc>

Kingston Humane Society

<https://kingstonhumanesociety.ca/support-donate/become-a-volunteer>

Kingston Interval House

<http://kingstonintervalhouse.com/how-to-help/volunteer/>

Kingston Police

<https://www.kingstonpolice.ca/news-and-community/volunteering/>

Kingston Youth Shelter

<https://kingstonyouthshelter.com/volunteer-opportunities/>

Kingston 4 Paws Service Dogs

<https://kingstonservicedogs.ca/volunteer-opportunities/>

Lunch by George - St. George's Kingston

<https://lunchbygeorge.ca/volunteer/>

Martha's Table

<https://marthastable.ca/>

Ongwanada

<https://www.ongwanada.com/support-us/volunteer/>

Partners in Mission Food Bank

<https://www.kingstonfoodbank.ca/giving/volunteer>

Providence Care

<https://providencecare.ca/careers-volunteering/volunteer/>

Pumphouse Museum

<https://www.kingstonpumphouse.ca/get-involved/volunteer>

Canadian Red Cross

<https://www.redcross.ca/volunteer/apply-now>

Ryandale Transitional Housing

<https://ryandale.ca/volunteer/>

Salvation Army Kingston

<https://sacfs.ca/ways-to-get-involved/volunteer>

Seniors Association Kingston

<https://seniorskingston.ca/volunteer>

Sexual Assault Centre Kingston

<https://www.sackingston.com/volunteer>

Southern Frontenac Community Services

<https://www.sfcsc.ca/volunteer>

St. John Ambulance

<https://www.sja.ca/en/community-services>

St. Vincent de Paul Society Kingston

<https://www.svdpkington.com/volunteers/>

Sustainable Kingston

<https://www.sustainablekingston.com/volunteer-opportunities>

The Shoebox Project for Women

<https://www.shoeboproject.ca/volunteer/main>

United Way KFLA

<https://eo.ymca.ca/get-involved#volunteer>

Well Suited

<https://www.wellsuitedkingston.com/volunteering>

YMCA Kingston

<https://eo.ymca.ca/get-involved#volunteer>

Youth Diversion Kingston

<https://www.youthdiversion.org/volunteer/>